



## INTERNET/ONLINE SAFETY FOR KIDS

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### **Getting Involved in Kids' Online Activities**

More important than blocking objectionable material is teaching your kids safe and responsible online behaviour and keeping an eye on their Internet use.

Basic guidelines to share with your kids for safe online use:

- Follow the family rules, and those set by the Internet service provider.
- Never post or trade personal pictures.
- Never reveal personal information, such as address, phone number, or school name or location.
- Use only a screen name and don't share passwords (other than with parents).
- Never agree to get together in person with anyone met online without parent approval and/or supervision.
- Never respond to a threatening email, message, post, or text.
- Always tell a parent or other trusted adult about any communication or conversation that was scary or hurtful.

### **Basic guidelines for parental supervision:**

- Spend time online together to teach your kids appropriate online behaviour.
- Keep the device in a common area where you can watch and monitor its use, not in individual bedrooms. Monitor any time spent on smartphones or tablets.
- Bookmark kids' favourite sites for easy access.
- Check your credit card and phone bills for unfamiliar account charges.
- Find out what, if any, online protection is offered by your child's school, after-school centre, friends' homes, or any place where kids could use a computer without your supervision.
- Take your child seriously if he or she reports an uncomfortable online exchange.

### **Watch for warning signs of a child being targeted by an online predator.**

#### **These can include:**

- spending long hours online, especially at night
- phone calls from people you don't know.
- unsolicited gifts arriving in the mail.
- your child suddenly turning off the computer or any other device when you walk into the room.
- withdrawal from family life and reluctance to discuss online activities.

Talk to your kids! Keep an open line of communication and make sure that they feel comfortable turning to you when they have problems online.

# Social Media

- Who uses social media apps?
- Do you know the age limit for them?



**Under 13**

- Roblox
- PopJam
- FaceTime

**13+**

- Twitter
- Facebook and Messenger
- Viber
- WeChat
- Monkey
- Yubo
- Dubsplash
- Instagram
- TikTok
- Skype
- Google Hangouts
- Reddit
- Snapchat
- Pinterest

**16+**

- WhatsApp
- Telegram Messenger
- Tumblr

**17+**

- Line
- Sarahah
- Tellonym